



Colonial Update



Shrewsbury High School Newsletter

Apr 2005

Dear Parents:

Allow me to update you on activities at SHS:

- Sophomores will complete the MCAS long composition on April 6 and in May will continue testing. Sophomores will be tested in the areas of mathematics, English, and participate in a science tryout portion of the Massachusetts Comprehensive Assessment System exam. Please contact your sophomore's guidance counselor or Mr. Chuck Danielson (508.841.8800 or ndanielson@shrewsbury.k12.ma.us) for further information and questions about the MCAS.

- Several teachers have expressed interest in offering a variety of enrichment courses this summer at SHS. Enrichment courses in creative writing, yoga, Holocaust studies, extreme weather, fiction, ceramics, career planning, and strength and conditioning are a sampling of the types of mini-courses teachers would like to offer students during July and August. While we are getting a late start on gauging student interest for courses offered for one or two weeks (e.g., creative writing) or all summer (e.g., strength and conditioning), we would like to expand the traditional summer school offerings with courses in which students have a high interest.

The cost for courses would depend on how often they meet but would likely range from \$150 to \$250 per course. Additionally, we are surveying students to see if courses should be offered during the morning, afternoon, or evening to accommodate work and vacation schedules. We are hoping to provide students with enrichment opportunities that are consistent with our mission and will engage their minds in meaningful and interesting ways during the summer months. More information will arrive home within the month.

- After April vacation 18 brave seniors will be the first to participate in our pilot Advanced Career Exploration (ACE) program. Instead of attending classes, these seniors will go to work and intern at local businesses, schools, and professional offices working with lawyers, architects, landscapers, teachers, and financial experts. The internship experience will last four weeks and culminate with a presentation to a panel of teachers, parents, and community members prior to graduation.

The ACE program, developed by the Senior Year Study Group and administered by career counselor Jason Costa, represents another opportunity to engage seniors at high levels as they begin their transition into the community as "capable, caring, active contributors." A future Colonial Update will provide a summary of the pilot program and the seniors' experiences.

Finally, congratulations to the cast and crew of Footloose! The production was wonderful and represented the energy, talent, and enthusiasm of a high performing student body and committed professional staff and parent volunteers. Thanks to all those involved in another SHS stage spectacular.

As always, I can be reached at 508.841.8808 or dgutekanst@shrewsbury.k12.ma.us with your questions and comments.

Sincerely,

Daniel Guteikanst, Ed.D.
Principal

The Shrewsbury High School community provides challenging, diverse learning opportunities; promotes creativity and independent thinking; and empowers students to become capable, caring, active contributors to the world in which they live.

Attention Parents, Class of 2005

For many years it has been a tradition at Shrewsbury High School for the parents of the graduation class to host a Senior Class Picnic for the students. It is time to start planning for this event.

Please consider this last opportunity to volunteer before your senior graduates. Volunteers are needed to help plan the refreshments, entertainment and fun to make the event a memorable one. Anyone who would like to be involved should contact a Parent Forum Coordinator. The Parent Forum Coordinators are listed with their phone numbers on page 3 of this newsletter.

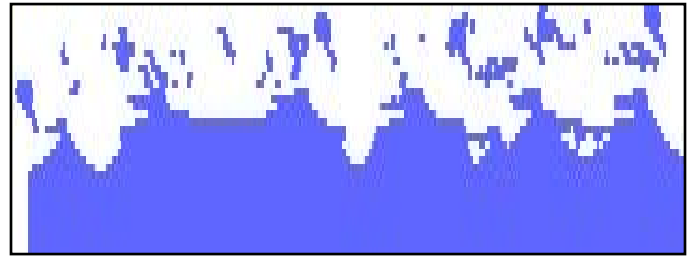
Further information on this event will be included in the package sent to all se-



Colonial Update is ON-LINE!

Visit the SHS website at:
www.shrewsbury-ma.gov/schools/SHS/index.asp
Click on the Students-Parents Link.

ATTENTION CLASS OF 2006



The Junior After Prom Party
Committee
Presents this year's theme

"THE BOARDWALK"

JUNIOR AFTER PROM PARTY COMMITTEE:

contacts: Terry Bolton

508-845-9937

terrcar42@aol.com

Rita Innamorati

508-842-

4186

ritaann817@townisp.com

1. **Junior Parents...** please send in
your donations

2. **Juniors...** get your permission
slips returned A.S.A.P

3. **CHAPERONES ARE NEEDED**
DATE: MAY 7TH

*we ask Freshman, Sophomore and
Senior parents to help out.

FROM THE PARENT FORUM COORDINATORS

TEACHER APPRECIATION LUNCHEON

And the winner is: Shrewsbury High School Teachers!

Karin Hutt chose the Oscar theme for our Teacher Appreciation Luncheon this year and did she do it up in style. The tables were festooned in black and gold, with gold stars and a red rose at each table. Life size Oscars greeted the teachers, and they were all treated to a delicious lunch thanks to parents who cooked, parents who volunteered their time and local businesses that contributed delicious food items. On Monday, March 28 (the day the teachers had to report to school, but the kids were home sleeping in), the SHS staff and the senior greeters relaxed for an hour of socializing and good food. This year it was decided to solicit food donations from local establishments since the professional day fell the day after a holiday for many of our families. We still had a huge array of home-cooked dishes and donated items, and we would like to extend our sincere thanks to those families who contributed. **We would also like to thank the following businesses:**

BJ's
Route 9
Westboro

Francesca's Italian Deli & Catering
79 S Quinsigamond Ave, Shrewsbury
508-798-7999

AJ Tomaiolo Italian Restaurant
411 W Main, Northborough
508-393-5245

D'errico's Restaurant
145 E Central St, Worcester
508-754-3743

Elsa's Eatery
33 Boston Tpke (Route 9), Shrewsbury
(508) 890-1009

Pickle Haus
276 West Main Street, Northborough
508 393-6760

The Manor Restaurant
42 West Boylston Street (Route 12), West Boylston
508 835-4722

Dean Park Pizzeria & Family Restaurant
745 Main St, Shrewsbury
508 842-2584

Amici's Trattoria
582 Main St., Shrewsbury
508 842-7800

Super Stop & Shop
539 Boston Tpke, Shrewsbury
508 842-1911

Panera Bread
50 Boston Tpke (Rte 9 - White City), Shrewsbury
508 798-9949

The volunteers who made this day possible were: Marsha Cramer, Lisa Easson, Gladys Chan, Shelle Lynch, Angela Grip, Angela Lottridge, Marianne Upton, Penny McLaren, Colleen Chambers, Regina Pialtos, Deborah Peeples, Joanne Hubbard, Vicky Pugliese, Laurie Neumann, Maria Smith, Kathleen Thompson, Nancy Donahue and a special thanks to Karin Hutt for once again sharing her tremendous creative talent. Thank you!

PRINCIPAL'S COFFEE

7:45 am – check school office for location
Wednesday, April 13
Wednesday, May 11

Remember to stay involved and volunteer. Your participation truly strengthens SHS. We are interested in hearing your ideas, concerns and comments. Thank you for your continued support.

Warmly,

Nancy Donahue	842-4557
Lisa Easson	842-7133
Angela Grip	842-9104
Joanne Hubbard	842-4895
Karin Hutt	842-2392
Penny McLaren	842-0143
Laurie Neumann	842-7718
Deborah Peeples	842-8693
Regina Pialtos	842-7818
Kathleen Thompson	842-1827
Marianne Upton	842-4175

Upcoming Calendar

04/06	School Committee Mtg.	TH	
04/07	Parents Workshop		
PR	07:00pm		
04/08	Sophomore Semi-Setup		
Com	02:00pm		
04/08	Anime Movie Night	B315/7	5:00pm
04/09	Sophomore Semi-Formal	Com	07:00pm
04/11	3rd Quarter Ends		
04/12	FT:Nat'l College Fair Boston		08:00pm
04/12	SPS Music Association	CR	7:15pm
04/12	FT:Rose Art Museum/DeCordova Sculpture Park		
04/12	Speech & Debate	B300's	06:30pm
04/13	Parent/Community Forum	Aud	07:00pm
04/14	New York Parent Night	Aud	07:00pm
04/15	FT:Amnesty Int'l Convention-NYC		05:15am
04/18	Spring Vacation		
04/19	Spring Vacation		
04/20	Spring Vacation		
04/21	Spring Vacation		
04/22	Spring Vacation		
04/25	Girdiron Meeting	Com	07:00pm
04/26	ISFT:Visiting Artist Workshop		07:25am
04/26	Speech & Debate	B300's	06:30pm
04/26	May Newsletter Deadline		
04/27	School Committmee Mtg.	TH	
04/28	Mock Accident for Jrs./Srs.	Aud	
04/29	Proposed Trip to NYC		
04/30	Proposed Trip to NYC		
05/01	Proposed Trip to NYC		
05/03	String Night	Aud	07:00pm
05/03	Speech & Debate	B300's	06:30pm
05/03	Public Hearing	PR	06:00pm

Please note that dates and times are sub

Aud - Auditorium

Com - Commons

CR-Conf. Room

TD - Teacher's Dining Rm.



Parent/Community Forum
School Budget
Wednesday, April 13
Aud - SHS
7:00pm

Please attend this important forum on the school budget for next year.

A Word from your Newsletter Coordinator:

The deadline for the May Issue of Colonial Update is **Tuesday April 26, 2005**. Due to April vacation, **ALL** articles **MUST** be **ON TIME!!! NO REMINDERS** will be given and **NO EXTENSIONS** will be made. To ensure your article is included, please submit your contribution on or before the due date. Email all articles for Colonial Update to shsupdate@aol.com in Word format. Attachments or articles on disk/CD may be dropped off in the Colonial Update mailbox in the SHS main office. If you have any questions, please email me prior to the due date at shsupdate@aol.com.

Thank you,

Jean Sullivan
 Newsletter Coordinator
shsupdate@aol.com

**Volunteer Needed**

A new volunteer coordinator for this newsletter, the Principal's monthly newsletter, is needed ASAP. If you have desktop publishing skills and can make a monthly commitment for the next school year, this could be just the unique volunteer project for you. Sign up now and you will be able to train with the current newsletter coordinator on the next two issues. Colonial Update comes out eleven times a year including a Back to School Issue which is sent out before school starts in August. If you are interested in taking on this project, please contact Beverly Angelo at SHS at BAngelo@shrewsbury.k12.ma.us.



WE NEED YOU!

Extreme Makeover 2005

Sounds like a reality show?

The reality is that we need your time and talent to help make the growing Spirit of Shrewsbury Fall Festival bigger and better. But, we can't do it by ourselves...We need you -- the community!

You will be receiving news about the various ways that you can become part of the town-wide Spirit of Shrewsbury Fall Festival. We are in need of chairpersons for committees, committee members, as well as participants.

In the meantime, please think about how your school/group/organization can be part of the parade or an Expo (as we've had in the past on the Town Common).

Check out the ways that you can be part of the community planning. Go to www.spiritofshrewsbury.com for updates.



Spirit of Shrewsbury Fall Festival Community Planning Meeting

Tuesday, April 12
7 PM

Town Hall – Conference Room

Chairmen, Committees, & Volunteers needed

For more information, contact Call Maria Smith at
508-845-9974

BRING A FRIEND!

BE PART OF THE "EXTREME MAKEOVER"

www.spiritofshrewsbury.com



SHREWSBURY HIGH SCHOOL ALUMNI ASSOCIATION AN- NOUNCES

A RECORD TWENTY-TWO STU- DENT GRANTS RECIPIENTS

SHREWSBURY – The Shrewsbury High School Alumni Association is pleased to announce that it recently awarded grants to 22 student groups — a record number, totaling almost \$5,000.00 in grants. Since the program's inception in the mid-1990's, well over 100 grants have been given.

"The number of grants applied for and awarded has grown every year," according to Grants Committee chairperson Janet Pope. "We're proud that our grants give students opportunities they might not have had without our funding."

The Shrewsbury High School Alumni Association's Student Grants Program promotes educational and charitable projects. All student groups, clubs, classes, and organizations at SHS are eligible, as long as the project will involve or benefit at least five SHS students. Individual grant amounts range from \$100.00 to \$400.00.

Founded in 1993, the SHS Alumni Association is a non-profit organization whose goal is to bring together all interested alumni and friends, and to promote the best interests of the schools and community. The Alumni Association relies strictly on a small group of dedicated volunteer graduates and friends. Donations, membership fees, and community fundraising efforts help support the SHS Student Grants Program. For more information about the Alumni Association, visit its website at www.shrewsburyalumni.org.



2005 SHS Grant Recipients

The **U. S. Academic Decathlon** promotes learning and academic excellence through teamwork among students of all achievement levels. Grant funds will help cover costs of study guides and transportation.

Career Day will be held on March 9. Grant funds will help defray expenses, which include refreshments for guest speakers and supplies for mailing letters and information packets.

Grant funds will help in updating the SHS Library Media Center's **Career Resource Collection**, to which all students have access.

The **SHS Cheerleaders** will use grant funds toward the purchase of t-shirts and snacks for participants in a Pop Warner cheerleading clinic.

Grant funds will help establish an **Earth and Space Science Video Library**, to increase resource materials for science teachers to use with their students.

ELNA will present a "Mock Accident" to junior and senior classes, to educate them on the dangers of driving under the influence of alcohol or drugs. Grant funds will be used to purchase t-shirts to identify the ELNA members assisting with the event.

The **Entrepreneurs' Club** plans to visit a small start-up company, to learn how the company has developed its business. Grant money will pay for bus transportation.

The **Excelsior Literary and Art Magazine** provides a creative outlet for student writers and artists. Grant funds will go toward the publication of the magazine.

Grant funds will help defray the cost of having a professional **Watercolor Artist** teach a group of art students in the Studio and Honor classes.

Members of the **General Movie Production Club** experience the teamwork that a movie crew needs during a film shoot. Grant funds will help purchase equipment needed for this club, which is in its first year.

The **SHS Girls' Lacrosse Team** will put grant money toward the purchase of goalie equipment and portable goalie cages.

Two **Visiting Artists** will be invited to speak to all art classes. Grant money will help cover their fees.

The **Mentor Volunteer Program** pairs each incoming freshmen with a junior or senior student who volunteers to be a mentor and role model. Grant funds will help defray program costs, which include refreshments and mentor training.

The **SHS Model United Nations Association** is a newly-formed club. The grant will be put toward the expense of attending a conference sponsored by the Model UN Association of Greater Boston.

A grant was awarded for **International/National Cooking**, to introduce students in the Real Life/History/Science class to the role that food plays in celebrations in diverse cultures and societies.

Grant funds were also awarded to the **New Entrant Assistance Team (NEAT)**. This new, student-run program is intended to provide a supportive climate for students entering SHS after the start of freshman year.

The **SHS Outdoor Club** has planned a white water rafting trip in the spring. The grant will help cover costs, which include transportation, a guide, and equipment.

The **Rape Aggression Defense (RAD)** course will be offered to interested SHS females to provide self-defense techniques, heighten awareness of threatening situations, and build self-confidence. Funds will help defray program expenses.

Through the **Special Peer Connections Bake Sale**, students of varying abilities will work together to prepare, package, and sell food at the parent/teacher conference day at SHS on March 16.

Members of the **Speech and Debate Team** travel to both local and national competitions. Grant funds will help defray transportation and registration expenses.

The **Sport Management Program** provides students with an opportunity to experience careers in sport, while promoting school spirit. Grant money will help fund a variety of student-generated projects and educational activities.

Its 51 student staff members publish the **Town Crier** once or twice per quarter. Grant money will supplement advertisement sales to cover publication costs.